

Delaware Senior Games
Weight Lifting
Squat
2025

Last Name	First Name	Sex	Age	Age Group	State	Weight Class	Weight Pressed	Place Overall (sex,age,w eight)	Place Delaware (sex,age,w eight)
Simpkiss	Sharon	F	53	50-54	DE	165	235	1	1
Hopkins	Christine	F	62	60-64	DE	148	205	1	1
Watson	E Shannon	F	61	60-64	PA	NS			
Walsh	Mary	F	70	70-74	DE	148	110	1	1
Anderson	Jennine	F	78	75-79	DE	105	110	1	1
Korosec	adolf	M	57	55-59	DE	220	355	1	1
Ames	Kevin	M	62	60-64	DE	198	435	1	1
Jacobs	John	M	61	60-64	DE	220	425	1	1
Paoletti	Thomas	M	61	60-64	DE	132	260	1	1
Bernard	Paul	M	69	65-69	DE	NS			
Friend	Byron	M	67	65-69	DE	NS			
Lehman	Karl	M	66	65-69	DE	198	275	1	1
Roland	Ken	M	68	65-69	DE	220	225	1	1
Rawlins	Jay	M	75	75-79	DE	220	200	1	1

Meet/state recors are in red

Delaware Senior Games
Weight Lifting
Bench Press
2025

Clancy	Daniel	M	84	80-84	DE	165	75	1	1
--------	--------	---	----	-------	----	-----	----	---	---

Meet and state records are in red

Delaware Senior Games
Weight Lifting
Dead Lift
2025

Last Name	First Name	Sex	Age	Age Group	State	Weight Class	Weight Pressed	Place Overall (sex,age, weight)	Place Delaware (sex,age, weight)
Simpkiss	Sharon	F	53	50-54	DE	165	280	1	1
Hopkins	Christine	F	62	60-64	DE	198	260	1	1
Watson	E Shannon	F	61	60-64	PA	NS			
Walsh	Mary	F	70	70-74	DE	148	75	1	1
Anderson	Jennine	F	78	75-79	DE	105	155	1	1
Korosec	adolf	M	57	55-59	DE	220	455	1	1
Ames	Kevin	M	62	60-64	DE	198	455	1	1
Jacobs	John	M	61	60-64	DE	220	505	1	1
Paoletti	Thomas	M	61	60-64	DE	132	295	1	1
Bernard	Paul	M	69	65-69	DE	NS			
Friend	Byron	M	67	65-69	DE	NS			
Lehman	Karl	M	66	65-69	DE	198	350	1	1
Roland	Ken	M	68	65-69	DE	220	250	1	1
Rawlins	Jay	M	75	75-79	DE	220	315	1	1

Meet and state records are in red