

## Delaware Senior Olympics Records after 2025 Games

### TRACK AND FIELD

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Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
Meet	50 meters	F	50 - 54	2018	Zelaya	Pamela	NJ	0:00:06.94	
State	50 meters	F	50 - 54						
Meet	50 meters	F	55 - 59	2012	Mercurio	Tsipi	VA	0:00:07.62	
State	50 meters	F	55 - 59	2013	Glowitz	Kimberly	DE	0:00:09.02	
Meet	50 meters	F	60 - 64	2016	Lake-Titus	Loraine	NY	0:00:08.16	
State	50 meters	F	60 - 64	2022	Rapposelli	Maryann	DE	0:00:10.03	
Meet	50 meters	F	65 - 69	2024	Chase	Shari	MD	0:00:08.04	
State	50 meters	F	65 - 69						
Meet	50 meters	F	70 - 74	2017	Warren	Barbara	WV	0:00:08.91	
State	50 meters	F	70 - 74	2022	McCarthy	Janet	DE	0:00:12.35	
Meet	50 meters	F	75 - 79	2022	White	Mary	VA	0:00:10.12	
State	50 meters	F	75 - 79	2022	Neaves	Marie	DE	0:00:13.83	
Meet	50 meters	F	80 - 84						
State	50 meters	F	80 - 84						
Meet	50 meters	F	85 - 89						
State	50 meters	F	85 - 89						
Meet	50 meters	F	90 - 94						
State	50 meters	F	90 - 94						
Meet	50 meters	F	95 - 99						
State	50 meters	F	95 - 99						
Meet	100 meters	F	50 - 54	2018	Shepherd	Renee	NJ	0:00:13.22	
State	100 meters	F	50 - 54	2006	Grandison	Deloris	DE	0:00:15.60	
Meet	100 meters	F	55 - 59	2008	Grandison	Delores	DE	0:00:14.80	
State	100 meters	F	55 - 59	2008	Grandison	Delores	DE	0:00:14.80	
Meet	100 meters	F	60 - 64	2018	Dehaven	Deb	PA	0:00:15.66	
State	100 meters	F	60 - 64	1993	Brown	Grace	DE	0:00:16.60	
Meet	100 meters	F	65 - 69	2018	Simpson	Claudia	MD	0:00:15.44	
State	100 meters	F	65 - 69	2018	Grandison	Delores	DE	0:00:16.87	
Meet	100 meters	F	70 - 74	2008	Blakey	Delores	DE	0:00:17.80	
State	100 meters	F	70 - 74	2008	Blakey	Delores	DE	0:00:17.80	
Meet	100 meters	F	75 - 79	2009	Lary	Audrey	MD	0:00:16.94	
State	100 meters	F	75 - 79	2007	Lisehora	Marion	DE	0:00:21.10	
Meet	100 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:00:29.00	
State	100 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:00:29.00	
Meet	100 meters	F	85 - 89						
State	100 meters	F	85 - 89						
Meet	100 meters	F	90 - 94						
State	100 meters	F	90 - 94						
Meet	100 meters	F	95 - 99						
State	100 meters	F	95 - 99						
Meet	1500 meters	F	50 - 54	2016	Kline	Sheryl	DE	0:06:16.00	

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Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
State	1500 meters	F	50 - 54	2016	Kline	Sheryl	DE	0:06:16.00	
Meet	1500 meters	F	55 - 59	2008	Hendrickson	Jean	DE	0:07:54.00	
State	1500 meters	F	55 - 59	2008	Hendrickson	Jean	DE	0:07:54.00	
Meet	1500 meters	F	60 - 64	2022	Jasper	Lorraine	PA	0:06:02.40	
State	1500 meters	F	60 - 64	1993	Lisehora	Marion	DE	0:07:31.03	
Meet	1500 meters	F	65 - 69	2014	Berger	Nancy	MD	0:08:18.00	
State	1500 meters	F	65 - 69	2000	Lisehora	Marion	DE	0:08:40.50	
Meet	1500 meters	F	70 - 74	2011	McCloe	Bonnie	DE	0:08:40.07	
State	1500 meters	F	70 - 74	2011	McCloe	Bonnie	DE	0:08:40.07	
Meet	1500 meters	F	75 - 79	2012	Graf	Tami	MD	0:08:33.00	
State	1500 meters	F	75 - 79						
Meet	1500 meters	F	80 - 84	2017	Graf	Tami	MD	0:10:31.20	
State	1500 meters	F	80 - 84						
Meet	1500 meters	F	85 - 89						
State	1500 meters	F	85 - 89						
Meet	1500 meters	F	90 - 94						
State	1500 meters	F	90 - 94						
Meet	1500 meters	F	95 - 99						
State	1500 meters	F	95 - 99						
Meet	200 meters	F	50 - 54	2018	Shepherd	Renee	NJ	0:00:28.63	
State	200 meters	F	50 - 54	2006	Grandison	Delores	DE	0:00:30.00	
Meet	200 meters	F	55 - 59	2022	Rogers	Ella	DE	0:00:24.11	
State	200 meters	F	55 - 59	2008	Grandison	Delores	DE	0:00:31.67	
Meet	200 meters	F	60 - 64	2018	Dehaven	Deb	PA	0:00:34.88	
State	200 meters	F	60 - 64	2024	Rapposelli	Maryann	DE	0:00:41.00	
Meet	200 meters	F	65 - 69	2018	Phillips	Hannah	VA	0:00:35.96	
State	200 meters	F	65 - 69	1997	Lisehora	Marion	DE	0:00:46.30	
Meet	200 meters	F	70 - 74	2016	Warren	Barbara	WV	0:00:40.44	
State	200 meters	F	70 - 74	2002	Lisehora	Marion	DE	0:00:49.20	
Meet	200 meters	F	75 - 79	2009	Lary	Audrey	MD	0:00:36.67	
State	200 meters	F	75 - 79	1994	Yencharis	Becky	DE	0:01:01.40	
Meet	200 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:01:09.40	
State	200 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:01:09.40	
Meet	200 meters	F	85 - 89						
State	200 meters	F	85 - 89						
Meet	200 meters	F	90 - 94						
State	200 meters	F	90 - 94						
Meet	200 meters	F	95 - 99						
State	200 meters	F	95 - 99						
Meet	400 meters	F	50 - 54	2021	Young	Debbie	MD	0:01:10.97	
State	400 meters	F	50 - 54	2000	Allen	June	DE	0:01:27.70	

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Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
Meet	400 meters	F	55 - 59	2016	DeHaven	Deborah	PA	0:01:18.41	
State	400 meters	F	55 - 59	1999	Hubbard	April	DE	0:01:34.90	
Meet	400 meters	F	60 - 64	2022	Jasper	Lorraine	PA	0:01:16.81	
State	400 meters	F	60 - 64	2024	Snyder	Susan	DE	0:01:24.00	
Meet	400 meters	F	65 - 69	2018	Phillips	Hannah	VA	0:01:21.15	
State	400 meters	F	65 - 69	1997	Lisehora	Marion	DE	0:01:45.00	
Meet	400 meters	F	70 - 74	1998	Foster	Dorothy	DE	0:01:55.60	
State	400 meters	F	70 - 74	1998	Foster	Dorothy	DE	0:01:55.60	
Meet	400 meters	F	75 - 79	2009	Lary	Audrey	MD	0:01:27.00	
State	400 meters	F	75 - 79	2007	Lisehora	Marion	DE	0:02:10.95	
Meet	400 meters	F	80 - 84	2017	Graf	Tami	MD	0:02:18.00	
State	400 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:02:25.70	
Meet	400 meters	F	85 - 89	2012	Dashiell	Wally	MD	0:03:55.55	
State	400 meters	F	85 - 89						
Meet	400 meters	F	90 - 94						
State	400 meters	F	90 - 94						
Meet	400 meters	F	95 - 99						
State	400 meters	F	95 - 99						
Meet	800 meters	F	50 - 54	2025	Bradecamo	Etta	VA	0:03:07.00	
State	800 meters	F	50 - 54	2014	Ross	Michele	DE	0:03:16.07	
Meet	800 meters	F	55 - 59	2008	Phillips	Hannah	VA	0:03:07.20	
State	800 meters	F	55 - 59	1999	Hubbard	April	DE	0:03:40.44	
Meet	800 meters	F	60 - 64	2022	Jasper	Lorraine	PA	0:02:57.21	
State	800 meters	F	60 - 64	2024	Snyder	Susan	DE	0:03:42.00	
Meet	800 meters	F	65 - 69	2014	Berger	Nancy	MD	0:04:13.98	
State	800 meters	F	65 - 69	1997	Lisehora	Marion	DE	0:04:14.00	
Meet	800 meters	F	70 - 74	2011	McCloe	Bonnie	DE	0:04:04.03	
State	800 meters	F	70 - 74	2011	McCloe	Bonnie	DE	0:04:04.03	
Meet	800 meters	F	75 - 79	2012	Graf	Tami	MD	0:04:14.00	
State	800 meters	F	75 - 79	1994	Yencharis	Becky	DE	0:04:47.08	
Meet	800 meters	F	80 - 84	2017	Graf	Tami	MD	0:05:09.00	
State	800 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:05:27.30	
Meet	800 meters	F	85 - 89	2008	Dashiell	Wally	MD	0:06:47.40	
State	800 meters	F	85 - 89						
Meet	800 meters	F	90 - 94						
State	800 meters	F	90 - 94						
Meet	800 meters	F	95 - 99						
State	800 meters	F	95 - 99						
Meet	Discus	F	50 - 54	1998	Connell	Patricia	DE		33.1978
State	Discus	F	50 - 54	1998	Connell	Patricia	DE		33.1978
Meet	Discus	F	55 - 59	2007	Arbelbide	Cindy Lea	DE		22.3522

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Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
State	Discus	F	55 - 59	2007	Arbelbide	Cindy Lea	DE		22.3522
Meet	Discus	F	60 - 64	2022	Class	Emile	MD		26.58
State	Discus	F	60 - 64	2001	Mair	Harriet	DE		21.5646
Meet	Discus	F	65 - 69	2015	Warren	Barbara	WV		18.2800
State	Discus	F	65 - 69	2000	Lisehora	Marion	DE		17.2974
Meet	Discus	F	70 - 74	2017	Warren	Barbara	WV		18.0000
State	Discus	F	70 - 74	2002	Lisehora	Marion	DE		16.8402
Meet	Discus	F	75 - 79	2007	Lisehora	Marion	DE		14.7701
State	Discus	F	75 - 79	2007	Lisehora	Marion	DE		14.7701
Meet	Discus	F	80 - 84						
State	Discus	F	80 - 84						
Meet	Discus	F	85 - 89	2012	Dashiell	Wally	MD		11.0600
State	Discus	F	85 - 89						
Meet	Discus	F	90 - 94						
State	Discus	F	90 - 94						
Meet	Discus	F	95 - 99						
State	Discus	F	95 - 99						
Meet	High Jump	F	50 - 54	2010	Phelps	Jo	VA		1.1684
State	High Jump	F	50 - 54	2002	Mason-Guizzetti	Paulette	DE		.8636
Meet	High Jump	F	55 - 59	2010	Grandison	Delores	DE		1.2700
State	High Jump	F	55 - 59	2010	Grandison	Delores	DE		1.2700
Meet	High Jump	F	60 - 64	2010	Warren	Barbara	WV		1.1176
State	High Jump	F	60 - 64	2001	Blakey	Deloris	DE		.9144
Meet	High Jump	F	65 - 69	2015	Warren	Barbara	WV		1.127
State	High Jump	F	65 - 69	2000	Lisehora	Marion	DE		.8636
Meet	High Jump	F	70 - 74	2016	Warren	Barbara	WV		1.1000
State	High Jump	F	70 - 74	2001	Lisehora	Marion	DE		.8636
Meet	High Jump	F	75 - 79						
State	High Jump	F	75 - 79						
Meet	High Jump	F	80 - 84						
State	High Jump	F	80 - 84						
Meet	High Jump	F	85 - 89						
State	High Jump	F	85 - 89						
Meet	High Jump	F	90 - 94						
State	High Jump	F	90 - 94						
Meet	High Jump	F	95 - 99						
State	High Jump	F	95 - 99						
Meet	Javelin	F	50 - 54	2014	Pan	Maureen	VA		21.2200
State	Javelin	F	50 - 54	2016	Sullivan	Trish	DE		20.5600
Meet	Javelin	F	55 - 59	2023	Class	Emilie	MD		24.10
State	Javelin	F	55 - 59	2018	Sullivan	Trish	DE		19.60

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Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
Meet	Javelin	F	60 - 64	2022	Class	Emile	MD		25.8700
State	Javelin	F	60 - 64	2001	Mair	Harriet	DE		21.0947
Meet	Javelin	F	65 - 69	2012	Jenke-McMahan	Diane	NJ		24.2600
State	Javelin	F	65 - 69	1999	Lisehora	Marion	DE		17.3482
Meet	Javelin	F	70 - 74	2015	Jenke-McMahan	Diane	NJ		21.0100
State	Javelin	F	70 - 74	2001	Lisehora	Marion	DE		17.5641
Meet	Javelin	F	75 - 79	2007	Lisehora	Marion	DE		15.5956
State	Javelin	F	75 - 79	2007	Lisehora	Marion	DE		15.5956
Meet	Javelin	F	80 - 84						
State	Javelin	F	80 - 84						
Meet	Javelin	F	85 - 89	2012	Dashiell	Wally	MD		7.1700
State	Javelin	F	85 - 89						
Meet	Javelin	F	90 - 94						
State	Javelin	F	90 - 94						
Meet	Javelin	F	95 - 99						
State	Javelin	F	95 - 99						
Meet	R. Long Jump	F	50 - 54	2018	Battle	Tracey	MD		4.35
State	R. Long Jump	F	50 - 54						
Meet	R. Long Jump	F	55 - 59	2012	Grandison	Delores	DE		4.1700
State	R. Long Jump	F	55 - 59	2012	Grandison	Delores	DE		4.1700
Meet	R. Long Jump	F	60 - 64	2018	Dehaven	Deb	PA		3.13
State	R. Long Jump	F	60 - 64	1999	Blakey	Deloris	DE		2.9972
Meet	R. Long Jump	F	65 - 69	2003	Blakey	Deloris	DE		3.4163
State	R. Long Jump	F	65 - 69	2003	Blakey	Deloris	DE		3.4163
Meet	R. Long Jump	F	70 - 74	2016	Warren	Barbara	WV		2.9600
State	R. Long Jump	F	70 - 74	2003	Lisehora	Marion	DE		2.8321
Meet	R. Long Jump	F	75 - 79	2009	Lary	Audrey	MD		3.3274
State	R. Long Jump	F	75 - 79	2008	Lisehora	Marion	DE		2.24155
Meet	R. Long Jump	F	80 - 84	2001	Yencharis	Becky	DE		.8204
State	R. Long Jump	F	80 - 84	2001	Yencharis	Becky	DE		.8204
Meet	R. Long Jump	F	85 - 89						
State	R. Long Jump	F	85 - 89						
Meet	R. Long Jump	F	90 - 94						
State	R. Long Jump	F	90 - 94						
Meet	R. Long Jump	F	95 - 99						
State	R. Long Jump	F	95 - 99						
Meet	S. Long Jump	F	50 - 54	2012	Phelps	Jo	VA		2.2200
State	S. Long Jump	F	50 - 54						
Meet	S. Long Jump	F	55 - 59	2012	Mercurio	Tsipi	VA		2.2000
State	S. Long Jump	F	55 - 59						
Meet	S. Long Jump	F	60 - 64	2009	Warren	Barbara	WV		1.9685

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Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
State	S. Long Jump	F	60 - 64						
Meet	S. Long Jump	F	65 - 69	2014	Warren	Barbara	WV		1.8100
State	S. Long Jump	F	65 - 69						
Meet	S. Long Jump	F	70 - 74						
State	S. Long Jump	F	70 - 74						
Meet	S. Long Jump	F	75 - 79	2007	Lisehora	Marion	DE		1.4541
State	S. Long Jump	F	75 - 79	2007	Lisehora	Marion	DE		1.4541
Meet	S. Long Jump	F	80 - 84						
State	S. Long Jump	F	80 - 84						
Meet	S. Long Jump	F	85 - 89						
State	S. Long Jump	F	85 - 89						
Meet	S. Long Jump	F	90 - 94						
State	S. Long Jump	F	90 - 94						
Meet	S. Long Jump	F	95 - 99						
State	S. Long Jump	F	95 - 99						
Meet	Pole Vault	F	50 - 54	2018	Longshore	Kristine	PA		1.67
State	Pole Vault	F	50 - 54						
Meet	Pole Vault	F	55 - 59						
State	Pole Vault	F	55 - 59						
Meet	Pole Vault	F	60 - 64						
State	Pole Vault	F	60 - 64						
Meet	Pole Vault	F	65 - 69	2012	Berger	Nancy	MD		1.397
State	Pole Vault	F	65 - 69						
Meet	Pole Vault	F	70 - 74	2016	Warren	Barbara	WV		1.3000
State	Pole Vault	F	70 - 74						
Meet	Pole Vault	F	75 - 79	2022	Berger	Nancy	MD		1.37
State	Pole Vault	F	75 - 79						
Meet	Pole Vault	F	80 - 84						
State	Pole Vault	F	80 - 84						
Meet	Pole Vault	F	85 - 89						
State	Pole Vault	F	85 - 89						
Meet	Pole Vault	F	90 - 94						
State	Pole Vault	F	90 - 94						
Meet	Pole Vault	F	95 - 99						
State	Pole Vault	F	95 - 99						
Meet	Shot Put	F	50 - 54	2000	Connell	Patricia	DE		9.7536
State	Shot Put	F	50 - 54	2000	Connell	Patricia	DE		9.7536
Meet	Shot Put	F	55 - 59	2023	Haynes	Julia	PA		9.3800
State	Shot Put	F	55 - 59	2010	Grandison	Delores	DE		8.9789
Meet	Shot Put	F	60 - 64	2022	Class	Emilie	NJ		9.5000
State	Shot Put	F	60 - 64	2001	McClung	Luray	DE		7.0180

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Meet	Shot Put	F	65 - 69	2012	Warren	Barbara	WV		7.1500
State	Shot Put	F	65 - 69	2005	Brown	Doris	DE		6.7818
Meet	Shot Put	F	70 - 74	2016	Warren	Barbara	WV		6.9400
State	Shot Put	F	70 - 74	2001	Lisehora	Marion	DE		6.1163
Meet	Shot Put	F	75 - 79	2015	Kane	Lana	PA		7.0500
State	Shot Put	F	75 - 79	2007	Lisehora	Marion	DE		5.4229
Meet	Shot Put	F	80 - 84						
State	Shot Put	F	80 - 84						
Meet	Shot Put	F	85 - 89	2012	Dashiell	Wally	MD		3.2700
State	Shot Put	F	85 - 89						
Meet	Shot Put	F	90 - 94						
State	Shot Put	F	90 - 94						
Meet	Shot Put	F	95 - 99						
State	Shot Put	F	95 - 99						
Meet	Triple Jump	F	50 - 54						
State	Triple Jump	F	50 - 54						
Meet	Triple Jump	F	55 - 59						
State	Triple Jump	F	55 - 59						
Meet	Triple Jump	F	60 - 64	2024	Shabelski	Joanne	VA		5.18
State	Triple Jump	F	60 - 64						
Meet	Triple Jump	F	65 - 69						
State	Triple Jump	F	65 - 69						
Meet	Triple Jump	F	70 - 74						
State	Triple Jump	F	70 - 74						
Meet	Triple Jump	F	75 - 79						
State	Triple Jump	F	75 - 79						
Meet	Triple Jump	F	80 - 84						
State	Triple Jump	F	80 - 84						
Meet	Triple Jump	F	85 - 89						
State	Triple Jump	F	85 - 89						
Meet	Triple Jump	F	90 - 94						
State	Triple Jump	F	90 - 94						
Meet	Triple Jump	F	95 - 99						
State	Triple Jump	F	95 - 99						
Meet	50 meters	M	50 - 54	2012	Butler	Lovell	PA	0:00:05.70	
State	50 meters	M	50 - 54	2012	Glowitz	Gary	DE	0:00:06.07	
Meet	50 meters	M	55 - 59	2021	Brague	James	PA	0:00:06.33	
State	50 meters	M	55 - 59	2012	Donovan	John	DE	0:00:06.81	
Meet	50 meters	M	60 - 64	2012	Gritz	David	NJ	0:00:06.29	
State	50 meters	M	60 - 64	2017	Jackson	Ronald	DE	0:00:06.68	
Meet	50 meters	M	65 - 69	2017	Warren	Don	PA	0:00:06.19	

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Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
State	50 meters	M	65 - 69	2012	Lovelace	David	DE	0:00:06.97	
Meet	50 meters	M	70 - 74	2021	Warren	Don	PA	0:00:06.84	
State	50 meters	M	70 - 74	2018	Duggins	Ronald	DE	0:00:08.00	
Meet	50 meters	M	75 - 79	2012	Paulen	Robert	DE	0:00:07.31	
State	50 meters	M	75 - 79	2012	Paulen	Robert	DE	0:00:07.31	
Meet	50 meters	M	80 - 84	2012	Keegan	Bob	PA	0:00:07.92	
State	50 meters	M	80 - 84	2017	Paulen	Robert	DE	0:00:08.64	
Meet	50 meters	M	85 - 89	2024	Paradine	Joseph	PA	0:00:10.34	
State	50 meters	M	85 - 89	2025	Paulen	Robert	DE	0:00:11.03	
Meet	50 meters	M	90 - 94	2022	Dhatt	Dilawar	MD	0:00:13.81	
State	50 meters	M	90 - 94						
Meet	50 meters	M	95 - 99						
State	50 meters	M	95 - 99						
Meet	100 meters	M	50 - 54	2009	Butler	Lovell	PA	0:00:11.63	
State	100 meters	M	50 - 54	2007	Leight	Gary	DE	0:00:12.40	
Meet	100 meters	M	55 - 59	2022	Hanes	Norris	MD	0:00:11.62	
State	100 meters	M	55 - 59	2004	Terry	James	DE	0:00:12.30	
Meet	100 meters	M	60 - 64	2017	Brown	Franklin	MD	0:00:12.22	
State	100 meters	M	60 - 64	2017	Jackson	Ronald	DE	0:00:13.38	
Meet	100 meters	M	65 - 69	2017	Warren	Don	PA	0:00:12.79	
State	100 meters	M	65 - 69	2011	McCrea	Claude	DE	0:00:14.16	
Meet	100 meters	M	70 - 74	2018	Warren	Don	PA	0:00:13.25	
State	100 meters	M	70 - 74	1993	Lenoir	James	DE	0:00:14.10	
Meet	100 meters	M	75 - 79	2018	Williamson	Albert	MD	0:00:14.00	
State	100 meters	M	75 - 79	2012	Paulen	Robert	DE	0:00:15.38	
Meet	100 meters	M	80 - 84	2018	Williamson	Bob	NJ	0:00:15.69	
State	100 meters	M	80 - 84	2017	Paulen	Robert	DE	0:00:17.37	
Meet	100 meters	M	85 - 89	2002	Bridson	Frank	DE	0:00:19.40	
State	100 meters	M	85 - 89	2002	Bridson	Frank	DE	0:00:19.40	
Meet	100 meters	M	90 - 94	2008	Truet	Lloyd	DE	0:00:24.20	
State	100 meters	M	90 - 94	2008	Truet	Lloyd	DE	0:00:24.20	
Meet	100 meters	M	95 - 99	2018	Schlaupitz	Warner	DE	0:00:30.25	
State	100 meters	M	95 - 99	2018	Schlaupitz	Warner	DE	0:00:30.25	
Meet	1500 meters	M	50 - 54	1996	Webb	Richard	DE	0:04:41.00	
State	1500 meters	M	50 - 54	1996	Webb	Richard	DE	0:04:41.00	
Meet	1500 meters	M	55 - 59	2002	Webb	Richard	DE	0:05:14.40	
State	1500 meters	M	55 - 59	2002	Webb	Richard	DE	0:05:14.40	
Meet	1500 meters	M	60 - 64	1998	Zwolak	Vic	DE	0:04:52.00	
State	1500 meters	M	60 - 64	1998	Zwolak	Vic	DE	0:04:52.00	
Meet	1500 meters	M	65 - 69	2007	Zwolak	Victor	DE	0:05:21.04	
State	1500 meters	M	65 - 69	2007	Zwolak	Victor	DE	0:05:21.04	

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Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
Meet	1500 meters	M	70 - 74	1994	Burdelle	L.	DE	0:06:06.20	
State	1500 meters	M	70 - 74	1994	Burdelle	L.	DE	0:06:06.20	
Meet	1500 meters	M	75 - 79	2022	Bajada	David	PA	0:06:50.40	
State	1500 meters	M	75 - 79	2003	Sayers	Jim	DE	0:06:56.50	
Meet	1500 meters	M	80 - 84	2007	Lennihan	Richard	DE	0:08:58.28	
State	1500 meters	M	80 - 84	2007	Lennihan	Richard	DE	0:08:58.28	
Meet	1500 meters	M	85 - 89	1996	Buckalew	Meriwether	DE	0:12:23.00	
State	1500 meters	M	85 - 89	1996	Buckalew	Meriwether	DE	0:12:23.00	
Meet	1500 meters	M	90 - 94						
State	1500 meters	M	90 - 94						
Meet	1500 meters	M	95 - 99						
State	1500 meters	M	95 - 99						
Meet	200 meters	M	50 - 54	2008	Blackwell	Ray	DE	0:00:23.58	
State	200 meters	M	50 - 54	2008	Blackwell	Ray	DE	0:00:23.58	
Meet	200 meters	M	55 - 59	2022	Hanes	Norris	MD	0:00:25.12	
State	200 meters	M	55 - 59	2014	Blackwell	Ray	DE	0:00:25.72	
Meet	200 meters	M	60 - 64	2016	Brooks	John	NY	0:00:26.50	
State	200 meters	M	60 - 64	2000	Lutz	Jay	DE	0:00:28.10	
Meet	200 meters	M	65 - 69	2022	Harris	Scott	MD	0:00:26.11	
State	200 meters	M	65 - 69	2010	Lovelace	David	DE	0:00:30.44	
Meet	200 meters	M	70 - 74	2018	Warren	Don	PA	0:00:28.31	
State	200 meters	M	70 - 74	2009	Paulen	Robert	DE	0:00:31.92	
Meet	200 meters	M	75 - 79	2023	Warren	Don	DE	0:00:30.47	
State	200 meters	M	75 - 79	2023	Warren	Don	DE	0:00:30.47	
Meet	200 meters	M	80 - 84	2019	Williamson	Bob	NJ	0:00:36.56	
State	200 meters	M	80 - 84	2009	Knobloch	Fred	DE	0:00:40.93	
Meet	200 meters	M	85 - 89	2012	Rosadillo	Vicent	PA	0:00:47.50	
State	200 meters	M	85 - 89	2010	Meader	Robert	DE	0:00:49.82	
Meet	200 meters	M	90 - 94	2022	Dhatt	Dilawar	MD	0:01:12.71	
State	200 meters	M	90 - 94						
Meet	200 meters	M	95 - 99						
State	200 meters	M	95 - 99						
Meet	400 meters	M	50 - 54	2008	Blackwell	Ray	DE	0:00:54.50	
State	400 meters	M	50 - 54	2008	Blackwell	Ray	DE	0:00:54.45	
Meet	400 meters	M	55 - 59	2014	Blackwell	Ray	DE	0:00:59.69	
State	400 meters	M	55 - 59	2014	Blackwell	Ray	DE	0:00:59.69	
Meet	400 meters	M	60 - 64	2016	Brooks	John	NY	0:01:02.31	
State	400 meters	M	60 - 64	2006	Flowers	Jerry	DE	0:01:06.30	
Meet	400 meters	M	65 - 69	2019	Kucherawy	David	PA	0:01:05.00	
State	400 meters	M	65 - 69	1999	Ruppert	Patrick	DE	0:01:12.90	
Meet	400 meters	M	70 - 74	2009	Paulen	Robert	DE	0:01:14.60	

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Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
State	400 meters	M	70 - 74	2009	Paulen	Robert	DE	0:01:14.60	
Meet	400 meters	M	75 - 79	2012	Paulen	Robert	DE	0:01:19.87	
State	400 meters	M	75 - 79	2012	Paulen	Robert	DE	0:01:19.87	
Meet	400 meters	M	80 - 84	2005	Meadar	Robert	DE	0:01:52.20	
State	400 meters	M	80 - 84	2005	Meadar	Robert	DE	0:01:52.20	
Meet	400 meters	M	85 - 89	2010	Meadar	Robert	DE	0:02:40.00	
State	400 meters	M	85 - 89	2010	Meadar	Robert	DE	0:02:40.00	
Meet	400 meters	M	90 - 94						
State	400 meters	M	90 - 94						
Meet	400 meters	M	95 - 99						
State	400 meters	M	95 - 99						
Meet	800 meters	M	50 - 54	1996	Webb	Richard	DE	0:02:19.10	
State	800 meters	M	50 - 54	1996	Webb	Richard	DE	0:02:19.10	
Meet	800 meters	M	55 - 59	1998	Bennett	Bob	DE	0:02:29.00	
State	800 meters	M	55 - 59	1998	Bennett	Bob	DE	0:02:29.00	
Meet	800 meters	M	60 - 64	2022	Rash	Bruce	NJ	0:02:35.37	
State	800 meters	M	60 - 64	2002	Zwolak	Vic	DE	0:02:38.40	
Meet	800 meters	M	65 - 69	2012	Callender	Rodney	DE	0:02:47.00	
State	800 meters	M	65 - 69	2012	Callender	Rodney	DE	0:02:47.00	
Meet	800 meters	M	70 - 74	1994	Burdelle	L.	DE	0:02:52.40	
State	800 meters	M	70 - 74	1994	Burdelle	L.	DE	0:02:52.40	
Meet	800 meters	M	75 - 79	2003	Sayers	Jim	DE	0:03:33.70	
State	800 meters	M	75 - 79	2003	Sayers	Jim	DE	0:03:33.70	
Meet	800 meters	M	80 - 84	2015	Button	John	DE	0:04:41.07	
State	800 meters	M	80 - 84	2015	Button	John	DE	0:04:41.07	
Meet	800 meters	M	85 - 89	1996	Buckalew	Meriwether	DE	0:06:16.10	
State	800 meters	M	85 - 89	1996	Buckalew	Meriwether	DE	0:06:16.10	
Meet	800 meters	M	90 - 94						
State	800 meters	M	90 - 94						
Meet	800 meters	M	95 - 99						
State	800 meters	M	95 - 99						
Meet	Discus	M	50 - 54	2022	Cheney	Gregory	NJ		38.87
State	Discus	M	50 - 54	2007	Baumanis	Aivars	DE		36.9062
Meet	Discus	M	55 - 59	1997	Pratt	Larry	DE		50.2158
State	Discus	M	55 - 59	1997	Pratt	Larry	DE		50.2158
Meet	Discus	M	60 - 64	2002	Pratt	Larry	DE		56.1848
State	Discus	M	60 - 64	2002	Pratt	Larry	DE		56.1848
Meet	Discus	M	65 - 69	2010	Pratt	Larry	DE		43.6372
State	Discus	M	65 - 69	2010	Pratt	Larry	DE		43.6372
Meet	Discus	M	70 - 74	2011	Pratt	Larry	DE		42.56
State	Discus	M	70 - 74	2011	Pratt	Larry	DE		42.56

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Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
Meet	Discus	M	75 - 79	2012	Overbeck	Lew	DE		30.2700
State	Discus	M	75 - 79	2012	Overbeck	Lew	DE		30.2700
Meet	Discus	M	80 - 84	2025	Pratt	Larry	DE		26.93
State	Discus	M	80 - 84	2025	Pratt	Larry	DE		26.93
Meet	Discus	M	85 - 89	2022	Hemler	Joseph	MD		19.30
State	Discus	M	85 - 89	2016	Taylor	George	DE		11.4000
Meet	Discus	M	90 - 94						
State	Discus	M	90 - 94						
Meet	Discus	M	95 - 99						
State	Discus	M	95 - 99						
Meet	High Jump	M	50 - 54	2004	Jackson	Terry	DE		1.5494
State	High Jump	M	50 - 54	2004	Jackson	Terry	DE		1.5494
Meet	High Jump	M	55 - 59	2022	Reitz	Erik	NJ		1.5700
Meet	High Jump	M	55 - 59	2009	Mathis	Keith	MD		1.5240
State	High Jump	M	55 - 59	2006	Boddy	Bob	DE		1.5240
Meet	High Jump	M	60 - 64	2006	Holt	Rick	DE		1.5240
State	High Jump	M	60 - 64	2006	Holt	Rick	DE		1.5240
Meet	High Jump	M	65 - 69	2011	Holt	Rick	DE		1.4732
State	High Jump	M	65 - 69	2011	Holt	Rick	DE		1.4732
Meet	High Jump	M	70 - 74	2016	Holt	Rick	DE		1.3500
State	High Jump	M	70 - 74	2016	Holt	Rick	DE		1.3500
Meet	High Jump	M	75 - 79	2021	Holt	Rick	DE		1.31
State	High Jump	M	75 - 79	2021	Holt	Rick	DE		1.31
Meet	High Jump	M	80 - 84	2011	Condell	James	MD		1.0668
State	High Jump	M	80 - 84	2017	Paulen	Robert	DE		1.05
Meet	High Jump	M	85 - 89						
State	High Jump	M	85 - 89						
Meet	High Jump	M	90 - 94						
State	High Jump	M	90 - 94						
Meet	High Jump	M	95 - 99						
State	High Jump	M	95 - 99						
Meet	Javelin	M	50 - 54	2011	Garza	Len	PA		47.68
State	Javelin	M	50 - 54	2003	Rawlins	Jay	DE		32.8168
Meet	Javelin	M	55 - 59	2012	Makous	Monte	VA		49.03
State	Javelin	M	55 - 59	2011	Pollice	Guy	DE		39.29
Meet	Javelin	M	60 - 64	2017	Palleschi	Hartley	DE		38.92
State	Javelin	M	60 - 64	2017	Palleschi	Hartley	DE		38.92
Meet	Javelin	M	65 - 69	2009	Kenney	James	MD		42.7728
State	Javelin	M	65 - 69	2011	Karimian	Seyavash	DE		36.24
Meet	Javelin	M	70 - 74	2011	Balderston	Robert	DE		38.10
State	Javelin	M	70 - 74	2011	Balderston	Robert	DE		38.10

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Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
Meet	Javelin	M	75 - 79	2016	Kenney	James	MD		34.7000
State	Javelin	M	75 - 79	2012	Balderston	Robert	DE		30.7200
Meet	Javelin	M	80 - 84	2022	Kenney	James	MD		29.2400
State	Javelin	M	80 - 84	2004	Wagner	Robert	DE		21.7424
Meet	Javelin	M	85 - 89	2023	Hemler	Joseph	MD		15.12
State	Javelin	M	85 - 89	2015	Taylor	George	DE		8.5300
Meet	Javelin	M	90 - 94	2024	Rosner	Charles	DE		10.15
State	Javelin	M	90 - 94	2024	Rosner	Charles	DE		1.015
Meet	Javelin	M	95 - 99						
State	Javelin	M	95 - 99						
Meet	R. Long Jump	M	50 - 54	2012	Woodridge	Kevin	PA		5.1300
State	R. Long Jump	M	50 - 54	2012	Glowitz	Gary	DE		5.0200
Meet	R. Long Jump	M	55 - 59	2014	Choppa	Rick	NY		5.3000
State	R. Long Jump	M	55 - 59	2014	Glowitz	Gary	DE		5.1100
Meet	R. Long Jump	M	60 - 64	2008	Boddy	Bob	DE		5.0394
State	R. Long Jump	M	60 - 64	2008	Boddy	Bob	DE		5.0394
Meet	R. Long Jump	M	65 - 69	2014	Boddy	Bob	DE		4.7300
State	R. Long Jump	M	65 - 69	2014	Boddy	Bob	DE		4.7300
Meet	R. Long Jump	M	70 - 74	2018	Boddy	Bob	DE		4.01
State	R. Long Jump	M	70 - 74	2018	Boddy	Bob	DE		4.01
Meet	R. Long Jump	M	75 - 79	2012	Paulen	Robert	DE		4.0700
State	R. Long Jump	M	75 - 79	2012	Paulen	Robert	DE		4.0700
Meet	R. Long Jump	M	80 - 84	2009	Rice	Tom	PA		3.5179
State	R. Long Jump	M	80 - 84	2017	Paulen	Robert	DE		2.98
Meet	R. Long Jump	M	85 - 89	2025	Paulen	Robert	DE		2.2
State	R. Long Jump	M	85 - 89	2025	Paulen	Robert	DE		2.2
Meet	R. Long Jump	M	90 - 94						
State	R. Long Jump	M	90 - 94						
Meet	R. Long Jump	M	95 - 99						
State	R. Long Jump	M	95 - 99						
Meet	S. Long Jump	M	50 - 54	2011	Lemon	Charles	PA		2.81
State	S. Long Jump	M	50 - 54	2011	Glowitz	Gary	DE		2.68
Meet	S. Long Jump	M	55 - 59	2013	Glowitz	Gary	DE		2.74
State	S. Long Jump	M	55 - 59	2013	Glowitz	Gary	DE		2.74
Meet	S. Long Jump	M	60 - 64	2016	Reinhardt	Gene	NJ		2.77
State	S. Long Jump	M	60 - 64	2011	Duggins	Ronald	DE		2.60
Meet	S. Long Jump	M	65 - 69	2014	Duggins	Ronald	DE		2.5800
State	S. Long Jump	M	65 - 69	2014	Duggins	Ronald	DE		2.5800
Meet	S. Long Jump	M	70 - 74	2015	Lovelace	David	DE		2.3600
State	S. Long Jump	M	70 - 74	2015	Lovelace	David	DE		2.3600
Meet	S. Long Jump	M	75 - 79	2009	Truitt	Donald	MD		2.1590

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Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
State	S. Long Jump	M	75 - 79	2008	Kjelleren	Donald	DE		1.9812
Meet	S. Long Jump	M	80 - 84	2011	Condell	James	MD		2.02
State	S. Long Jump	M	80 - 84	2017	Paulen	Robert	DE		1.7
Meet	S. Long Jump	M	85 - 89	2022	Hemler	Joseph	MD		1.6256
State	S. Long Jump	M	85 - 89	2015	Taylor	George	DE		1.1300
Meet	S. Long Jump	M	90 - 94						
State	S. Long Jump	M	90 - 94						
Meet	S. Long Jump	M	95 - 99						
State	S. Long Jump	M	95 - 99						
Meet	Pole Vault	M	50 - 54						
State	Pole Vault	M	50 - 54						
Meet	Pole Vault	M	55 - 59	2018	Barstow	Steven	VA		3.04
State	Pole Vault	M	55 - 59						
Meet	Pole Vault	M	60 - 64	2018	Magerkurth	Brian	PA		3.2
State	Pole Vault	M	60 - 64						
Meet	Pole Vault	M	65 - 69	2012	Fisher	Donald	DE		2.210
State	Pole Vault	M	65 - 69	2012	Fisher	Donald	DE		2.210
Meet	Pole Vault	M	70 - 74	2016	Marovich	Dave	PA		1.3000
State	Pole Vault	M	70 - 74						
Meet	Pole Vault	M	75 - 79	2018	Marovich	W. Keith	PA		1.37
State	Pole Vault	M	75 - 79						
Meet	Pole Vault	M	80 - 84	2011	Condell	James	MD		1.8288
State	Pole Vault	M	80 - 84	2011	Taylor	George	DE		.9144
Meet	Pole Vault	M	85 - 89	2024	Paradine	Joseph	PA		2.44
State	Pole Vault	M	85 - 89						
Meet	Pole Vault	M	90 - 94						
State	Pole Vault	M	90 - 94						
Meet	Pole Vault	M	95 - 99						
State	Pole Vault	M	95 - 99						
Meet	Shot Put	M	50 - 54	2011	Taylor	Warren	PA		13.94
State	Shot Put	M	50 - 54	2001	Jackson	Phillip	DE		11.7129
Meet	Shot Put	M	55 - 59	2024	Willitt	Russell	PA		12.94
State	Shot Put	M	55 - 59	2000	Pratt	Larry	DE		12.7254
Meet	Shot Put	M	60 - 64	2017	Palleschi	Hartley	PA		12.47
State	Shot Put	M	60 - 64	1998	Overbeck	Lew	DE		11.5138
Meet	Shot Put	M	65 - 69	2000	Overbeck	Lew	DE		10.8204
State	Shot Put	M	65 - 69	2000	Overbeck	Lew	DE		10.8204
Meet	Shot Put	M	70 - 74	2005	Overbeck	Lew	DE		11.3538
State	Shot Put	M	70 - 74	2005	Overbeck	Lew	DE		11.3538
Meet	Shot Put	M	75 - 79	2021	Holt	Rick	DE		10.7600
State	Shot Put	M	75 - 79	2021	Holt	Rick	DE		10.7600

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Record Type	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Meters
Meet	Shot Put	M	80 - 84	2013	Jones	Ward	MD		9.5200
State	Shot Put	M	80 - 84	2009	Bonner	John	DE		7.9400
Meet	Shot Put	M	85 - 89	2007	Perry	Russell	DE		8.1661
State	Shot Put	M	85 - 89	2007	Perry	Russell	DE		8.1661
Meet	Shot Put	M	90 - 94						
State	Shot Put	M	90 - 94						
Meet	Shot Put	M	95 - 99						
State	Shot Put	M	95 - 99						
Meet	Triple Jump	M	50 - 54						
State	Triple Jump	M	50 - 54						
Meet	Triple Jump	M	55 - 59						
State	Triple Jump	M	55 - 59						
Meet	Triple Jump	M	60 - 64						
State	Triple Jump	M	60 - 64						
Meet	Triple Jump	M	65 - 69						
State	Triple Jump	M	65 - 69						
Meet	Triple Jump	M	70 - 74						
State	Triple Jump	M	70 - 74						
Meet	Triple Jump	M	75 - 79	2024	Lovelace	David	DE		4.66
State	Triple Jump	M	75 - 79	2024	Lovelace	David	DE		4.66
Meet	Triple Jump	M	80 - 84	2024	Skinner	Kenneth	NY		5.58
State	Triple Jump	M	80 - 84						
Meet	Triple Jump	M	85 - 89	2025	Paulen	Robert	DE		5.07
State	Triple Jump	M	85 - 89	2025	Paulen	Robert	DE		5.07
Meet	Triple Jump	M	90 - 94						
State	Triple Jump	M	90 - 94						
Meet	Triple Jump	M	95 - 99						
State	Triple Jump	M	95 - 99						