

## Delaware Senior Olympics Records after 2025 Games

### POWER WALK

State Records can only be set by Delaware Residents. Meet Records can be set by any participating athlete.

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE TO: [admin@desenior.games](mailto:admin@desenior.games)

Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time
Meet	Power Walk	1500 Meter	F	50 - 54	2022	Everard	Andrea	DE	0:10:26.50
State	Power Walk	1500 Meter	F	50 - 54	2022	Everard	Andrea	DE	0:10:26.50
Meet	Power Walk	1500 Meter	F	55 - 59	2025	Homar	Joy	MD	0:10:10.00
State	Power Walk	1500 Meter	F	55 - 59					
Meet	Power Walk	1500 Meter	F	60 - 64	2018	Butler	Michelle	MD	0:10:46.06
State	Power Walk	1500 Meter	F	60 - 64					
Meet	Power Walk	1500 Meter	F	65 - 69	2025	Reighard	Deb	MD	0:10:20.00
State	Power Walk	1500 Meter	F	65 - 69					
Meet	Power Walk	1500 Meter	F	70 - 74	2024	Hennes	Kathy	MI	0:12:00.00
State	Power Walk	1500 Meter	F	70 - 74					
Meet	Power Walk	1500 Meter	F	75 - 79	2021	Venanzi	Anges	NJ	0:12:45.00
State	Power Walk	1500 Meter	F	75 - 79	2018	Gilsenan	Jane	DE	0:14:43.18
Meet	Power Walk	1500 Meter	F	80 - 84	2022	Gilsenan	Jane	DE	0:16:10.30
State	Power Walk	1500 Meter	F	80 - 84	2022	Gilsenan	Jane	DE	0:16:10.30
Meet	Power Walk	1500 Meter	F	85 - 89					
State	Power Walk	1500 Meter	F	85 - 89					
Meet	Power Walk	1500 Meter	F	90 - 94					
State	Power Walk	1500 Meter	F	90 - 94					
Meet	Power Walk	1500 Meter	F	95 - 99					
State	Power Walk	1500 Meter	F	95 - 99					
Meet	Power Walk	1500 Meter	M	50 - 54					
State	Power Walk	1500 Meter	M	50 - 54					
Meet	Power Walk	1500 Meter	M	55 - 59	2025	Bradecamo	Denny	VA	0:08:40.00
State	Power Walk	1500 Meter	M	55 - 59					
Meet	Power Walk	1500 Meter	M	60 - 64	2023	Murray	Alan	MD	0:10:24.10
State	Power Walk	1500 Meter	M	60 - 64					
Meet	Power Walk	1500 Meter	M	65 - 69	2021	LaConte	Robert	NJ	0:10:25.00
State	Power Walk	1500 Meter	M	65 - 69					

Meet	Power Walk	1500 Meter	M	70 - 74	2025	LaConte	Robert	NJ	0:10:10.00
State	Power Walk	1500 Meter	M	70 - 74	2022	Molin	Tom	DE	0:12:02.80
Meet	Power Walk	1500 Meter	M	75 - 79	2022	Zalenski	Donald	DE	0:10:41.80
State	Power Walk	1500 Meter	M	75 - 79	2022	Zalenski	Donald	DE	0:10:41.80
Meet	Power Walk	1500 Meter	M	80 - 84	2025	Losasso	Charles	DE	0:10:30.00
State	Power Walk	1500 Meter	M	80 - 84	2025	Losasso	Charles	DE	0:10:30.00
Meet	Power Walk	1500 Meter	M	85 - 89	2025	Paulen	Bob	DE	0:11:29.00
State	Power Walk	1500 Meter	M	85 - 89	2025	Paulen	Bob	DE	0:11:29.00
Meet	Power Walk	1500 Meter	M	90 - 94					
State	Power Walk	1500 Meter	M	90 - 94					
Meet	Power Walk	1500 Meter	M	95 - 99					
State	Power Walk	1500 Meter	M	95 - 99					